

**Oldsmar Youth Soccer Association
Spring Fling Program
Official Under 10/12/14 Playing Recommendations**



Heading is not allowed in the U10 Age Groups per USSF Mandate

Law 1 – The Field of Play:

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line. Length: minimum 60 yards maximum 80 yards Width: minimum 40 yards maximum 55 yards
Field Markings: Distinctive lines not more than (5) inches wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of eight (8) yards is marked around it.

The Goal Area: The goal area is defined by an arc of six (6) yards centered on the goal line.

- **Once the ball enters the Goal Area it cannot be kicked by the attacking team.**
- **If the ball is kicked by the attacking the team, the ball is dead and the defending team is awarded a Goal Kick to be taken from anywhere in the Goal Area.**

Flagposts: Conform to FIFA.

The Corner Arc: Conform to FIFA.

Goals: Conform to FIFA with exception that the maximum distance between the posts is twenty-one (21) feet and the maximum distance from the lower edge of the crossbar to the ground is seven (7) feet.

Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.

Law 2 – The Ball: Size four (4) for U10 and U12 – Size five (5) for U14.

Law 3 – The Number of Players on Field: A match is played by two teams, each consisting of not more than seven (7) players, one of whom is the goalkeeper. A match may not start if either team consists of fewer than 5 players.

Substitutions: At any stoppage and unlimited.

Law 4 – The Players Equipment: Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. HOME TEAM is to wear training vests provided by OYSA. Goalkeepers must wear training vests or shirts of a different color (both teams) that distinguishes them from the other field players. Goalkeepers may wear the same color.

Law 5 – The Referee: Registered referee.

Law 6 – The Assistant Referees: Not Applicable

Law 7 – The Duration of the Match: Conform to FIFA with the exception of the match being divided into two (2) halves of twenty-five (25) minutes each. There shall be a half-time interval of five (5) minutes.

Law 8 – The Start and Restart of Play: Conform to FIFA with the exception that opponents of the team taking the kick-off are at least eight (8) yards from the ball until it is in play.

Law 9 – The Ball In and Out of Play: Conform to FIFA. The entire ball must pass beyond the touch line or the goal line to be considered out of play.

Law 10 – The Method of Scoring: Conform to FIFA.

Law 11 – Offside: Not Applicable for Spring Fling however attacking players cannot position themselves near their opponents goal when the ball in their defensive end. NO Cherry-picking. If in the opinion of the Referee a goal is scored due to this behavior, the goal is disallowed and the restart will be a Goal Kick.

Law 12 – Fouls and Misconduct: Conform to FIFA with the exception that an indirect free kick is awarded to the opposing team at the center spot on the halfway line if a goalkeeper punts or drop-kicks the ball in the air from his/her penalty area into the opponents penalty area.

Law 13 – Free Kicks: Conform to FIFA with the exception that opponents are at least eight (8) yards from the ball.

Law 14 – The Penalty Kick: Conform to FIFA with the exceptions that the penalty mark is at ten (10) yards and that players other than the kicker and defending goalkeeper are at least eight (8) yards from the penalty mark.

Law 15 – The Throw-In: Conform to FIFA. Opponents are required to be at least two (2) yards away from the thrower.

Law 16 – The Goal Kick: Conform to FIFA with the exception that the ball is placed anywhere on the Goal Arc.

Law 17 – The Corner Kick: Conform to FIFA with the exception that opponents remain at least eight (8) yards away from the ball until it is in play.

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